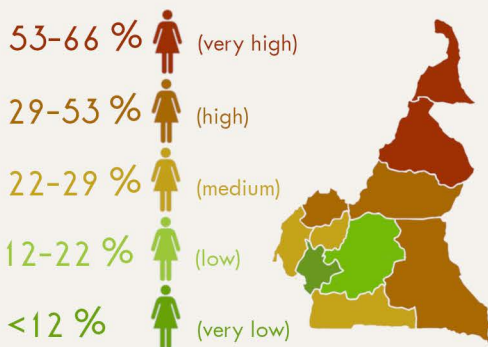
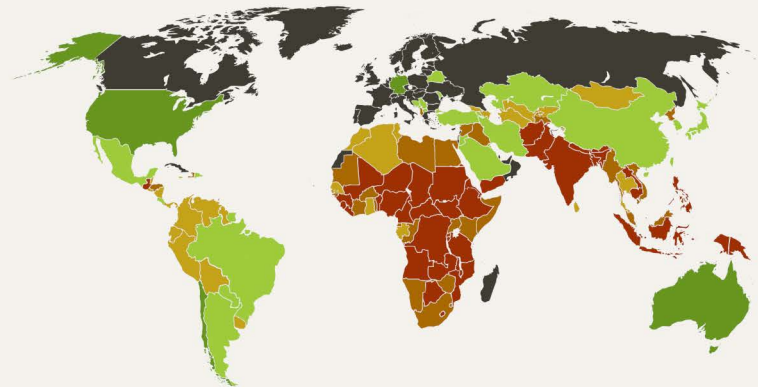


McGovern-Dole International Food for Education and Child Nutrition Program 2015-2018

Worldwide, undernutrition during pregnancy, and in the first 1,000 days of life is a leading cause of stunted physical and mental development. Undernutrition in school-age children is a significant obstacle to education in Cameroon.

Poverty, poor agricultural practices and lack of nutrition education contribute to poor learning outcomes in Cameroon.



Percentage of children under 5 who are stunted, 2017
Source: UNICEF, WHO, World Bank Joint Child Malnutrition dataset, May 2018

Percentage of Cameroonians living below the poverty level. 2017 data, targetmap.com



I, Mr Ngoran Ibrahim, head teacher of G S Rifem, worked with the USDA-funded McGovern-Dole program from its inception...During MGD workshops in nutrition, parents, cooks and teachers were introduced to the idea of diversifying meals at home and in schools by complementing them with fruits and vegetables...

IBRAHIM'S STORY: FOOD DIVERSITY



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...Through the school gardens, the MGD project provided some vegetable seeds including carrots, green beans, beetroot, green and purple cabbage. In the beginning, there was reluctance in accepting these foods on the part of the pupils and even the parents and cooks - especially having carrots and green beans with the rice, or having a vegetable side-dish. Some pupils refused to consume the food. Gradually, with a lot of education, we have cultivated new eating habits, complementing our foods with fruits and vegetables.



“

It is still the usual rice, but somehow it is different because my plate looks nicer with all the different colours.

-Lidwina Aishatu Berinyuy, a class 5 pupill at GS Rifem; a McGovern-Dole Food For Education project school.

